

ABSTRACT

This patent provides an eyesight improving device which improves ocular imaging adjustment functions and is easy to use.

5 A user puts the eyes on eyepiece parts 10, and sees a figure displayed on a target 12 by both eyes or one eye by opening or closing blocking device 14. In a state where the user focuses the eye on the figure, the target 12 is moved from a far point to a near point by target movement device 18 and is next moved from 10 the near point to the far point, and this is repeated. In this case, the size of the figure is controlled to be changed in proportion to the distance between the eyepiecepart 10 and the target 12. The user can easily concentrate to focus the eye on the figure during the movement of the target 12. This training 15 activates the ocular imaging adjustment functions of a ciliary muscle, a pupil, vergences and the like resulting with their improvement.